

# Count on Our Care

*Proactive Nursing Plan*



*The Proactive Plan for Care™*

# Coordinated Compassion.

Nurses are the backbone of healthcare, and the backbone of Paradigm HomeCare. Whether a patient is recovering from surgery, battling a chronic disease, or struggling with a new diagnosis, Paradigm's team of Registered Nurses (RNs) has the experience and compassion to help.

Our home-health nurses work closely with the physician, following through on prescribed treatments to put into action a proactive plan for healing. It begins with a comprehensive review of the patient's condition and situation.



## Proactive Nursing Plan

- Head-to-toe assessment of vital signs, medical history, and current medical needs
- Complete review of all medications, including over-the-counter
- Evaluation for any therapy needs (physical, occupational, speech) and medical equipment
- Coordination with the physician and any specialists to create and implement a unique plan of care

*Each nursing and therapy plan is custom-tailored to the unique needs of the patient.*

**PROFESSIONAL:****A broad scope of care.**

The RN's role goes far beyond coordinating care with doctors and assisting with follow-up appointments. Our nurses also provide important education for patients and caregivers on medications, medical equipment, disease processes, diet and fluid restrictions, wound care, pain relief, home safety, and emergency preparedness. They can perform lab work, give injections, and provide care for central lines, PEG tubes, and catheters. And they're always available for questions by phone and home visits as needed.

**PERSONAL:****Nursing care tailored to the patient.**

Every patient comes home with individual needs based on circumstances, disease processes, and recovery goals. Paradigm's RNs have more than 100 years of combined experience in assessing the big picture and tailoring each patient's plan in caring detail. Specific priorities of personalized care:

**Disease education**

How to recognize symptoms, when to call 911 and when to call a nurse, how to comply with a disease-specific diet, and the appropriate use of medications.

**Physician communication**

Helping patients and their caregivers understand the Physician's clinical care plan and how to adhere to it for a successful recovery.

**Quality of life**

Helping patients and caregivers achieve independence in managing their healthcare needs.

**PROACTIVE:****Determined to make a difference.**

A Paradigm RN brings confidence that the patient's care is being managed by an experienced professional dedicated to achieving the fullest potential recovery. The real value of this confidence becomes clear when everyone involved—patient, caregiver, physician, therapists, and nurses—feel connected in a proactive plan that's working to restore the greatest possible independence and quality of life.

*Ask your doctor if a nursing evaluation from Paradigm HomeCare is right for you or your loved one.*

# Service Areas

Paradigm provides home care throughout the following Texas counties:

Anderson	Franklin	Morris	Titus
Camp	Gregg	Rains	Upshur
Cherokee	Henderson	Rockwall	Van Zandt
Collin	Hopkins	Rusk	Wood
Dallas	Houston	Smith	Wise
Denton	Kaufman	Tarrant	

## TYLER OFFICE

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## DFW OFFICE

2000 N Central Expressway, Suite 209, Plano, TX 75074

t: 972.422.0033 | f: 469.736.0068

Traditional Medicare pays 100% for all physician-ordered home healthcare. Call **888.581.1223** for your **IN-HOME EVALUATION** today.

## Recognized among the top in Healthcare

Year after year, Paradigm HomeCare has consistently been recognized and distinguished among the top home health agencies in the U.S. for efficient delivery of high-quality patient care, improved patient outcomes, reduced hospital and ER visits, and overall patient satisfaction.

**Please visit [www.medicare.gov/homehealthcompare](http://www.medicare.gov/homehealthcompare) to view our ratings and scores.**

